



Title:	Mastering Emotions
Schedule:	February 17, 2023 at 2pm
Speaker	
Engr. Carlo G. Martin	<p>He is a growth strategist helping people master the art and science of work-life integration. He is the author of E-Motion: The Ultimate Resource for Success and Lasting Fulfilment.</p> <p>In his 6 years of public speaking career, he has touched the lives of more 3,000 individuals through keynote speeches, workshops and coaching sessions.</p> <p>Carlo is an advocate of lifelong learning and holds an MBA degree from the Ateneo Graduate School of Business, Bachelor's degree in Chemical Engineering and a master's degree in Environmental Engineering from Mapua University.</p> <p>Carlo dreams of a world where most people are fulfilled in life through the power of applied knowledge. His Ikigai, is to Learn, Grow and Transform Lives Every Day!</p>
Topics Discussed:	<p>"The Key to Success is Emotional Stability"</p> <ul style="list-style-type: none"> <li>-How Emotionally Fit Are you?</li> <li>-The Benefits of Mastering Emotions for Personal and Professional Growth</li> <li>-Understanding the Emotion Matrix</li> </ul>
Total Registration :	<p>Google =592</p> <p>Zoom = 148</p>
Total Viewers:	<p>FB Live = 201</p>



# Mastering Emotions

Free Webinar

## Major Topics

**"The Key to Success is Emotional Stability"**

How Emotionally Fit Are you?

The Benefits of Mastering Emotions for Personal and Professional Growth

Understanding the Emotion Matrix

**February 17, 2023**

**2:00 - 3:00 P.M.**

Join us via Zoom or Facebook live



Register here

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or email us at [ccesc@mapua.edu.ph](mailto:ccesc@mapua.edu.ph)